

Cancer & Nutrition Class

Presented by: PSJHC Outpatient
Nutrition & Diabetes Education Department

Free quarterly class open to the community! Join to learn about:

- ☑ cancer prevention through diet and lifestyle changes
- ☑ symptom management for those undergoing cancer treatment



**EVERY 3rd THURSDAY
OF EVERY MONTH**

Time: 12:00PM-1:00PM

Location: Providence

Saint John's Health Center

2121 Santa Monica Blvd, Santa
Monica, CA 90404

*Room location TBD, contact for
more information*



To RSVP, contact the Outpatient Nutrition & Diabetes Education Department

Website: california.providence.org/saint-johns/services/nutrition-diabetes-education

Phone: (310) 829-8889

Email: saintjohnsdietitians@providence.org

****Free valet parking with class validation***

**Saint John's
Health Center**
 **PROVIDENCE** Health & Services