

A free Go Gray in May, Brain Tumor Awareness Community
Event hosted by the Center for Cancer Prevention and Treatment
at Saint Joseph Hospital, Orange

MINDFULNESS

GRATITUDE WORKSHOP

Thursday May 27, 2021 6pm to 7:30pm

JOIN JANNI BUAIZ, MS, CWS, CHC
CANCER WELLNESS NAVIGATOR

THE WORKSHOP WILL INCLUDE SIMPLE BREATHING
TECHNIQUES TO CALM THE MIND AND BODY
AS YOU TAP INTO YOUR CREATIVITY

FOR MORE INFO CALL 310-829-8648,
SUPPLIES INCLUDED WITH REGISTRATION