# You're Invited!

# **Men's Health Webinar**

Understanding BPH and Aquablation Therapy Date: Thursday, June 5, 2025 Time: 6:00 PM (PST) Location: ZOOM Meeting A Free Event

Join us for an informative and engaging webinar focused on Benign Prostatic Hyperplasia (BPH)—a common condition affecting men as they age. Discover the latest in minimally invasive treatment options, including Aquablation Therapy. This session will be led by Dr. Mehran Movassaghi, Director of Men's Health at Providence Saint John's Health Center, a nationally recognized expert in urology and men's wellness. Dr. Movassaghi will be joined by two of his aquablation patients.

## During this webinar, Dr. Movassaghi will cover:

- What causes BPH and how it affects urinary health?
- Common symptoms and how to recognize them early?
- Treatment options, from medications to surgical procedures.
- Aquablation Therapy-how it works, who it's for, and what to expect

#### Get answers to your questions:

- How do I know if my urinary symptoms are due to BPH?
- Are there risks and benefits of Aquablation compared to other treatments?
- Can lifestyle changes really help prevent or manage BPH?

## **Register Today!**



To register, scan the QR code with your phone and submit your questions. Or visit bit.ly/4mFU0ey.

If you are having trouble registering, please send an email to: rowenafe.keil@providence.org.



Dr. Mehran Movassaghi is a board-certified, fellowship-trained urologist and the Director of Men's Health at Providence Saint John's Health Center. With a passion for integrative care, he founded one of the first comprehensive men's health programs in Los Angeles.

He is the president-elect for the American Society of Men's Health and his approach emphasizes early detection, education, and minimally invasive treatments to help men live healthier, longer lives. Urology and Urologic Oncology Center of Excellence

### Saint John's Cancer Institute Saint John's Health Center \* Providence

SaintJohnsCancer.org